# ECOWTHEM'S PORTFOLIO



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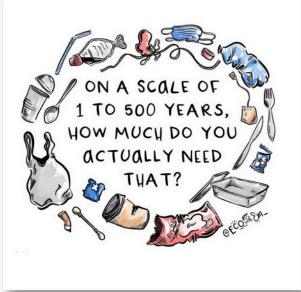
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Emily truly cares for the planet and helps others care too.

She promotes a kind of optimistic activism '

which is a breath of fresh air.

### Matt Haig - NY Times Best-Selling Author The Midnight Library, A Boy Called Christmas

Em is kind, thoughtful, hilarious, insightful and filled with a contagious positivity which flows in to all her work. I have long admired Em's worldview and joyful creativity, as well as the way she winds themes of environmentalism, mental health, intersectional activism and social justice through her beautiful illustrations and words.

Brooke McAlary - Best-Selling Author Care, Slow, Host of Slow Home Podcast.

Em's book is great - I love it. She's an absolutely marvelous human.

Osher Gunsberg - TV Personality
Host of The Bachelor Australia, After the Break

If we simply 'hope' with wishful thinking that things will get better, nothing happens. Emily Ehlers reminds us that hope is a verb and what a powerful reminder it is. Her beautiful new book is full of illustrations, actions, and information about how we can ensure we beat overwhelm and fear and are always able – even after the hour's panic or overwhelm we'll inevitably feel along the way – to muster our next action and move forward.

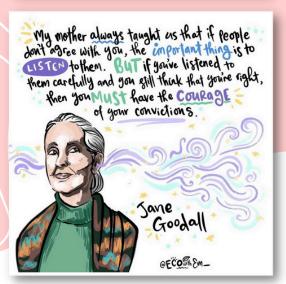
Alexx Stuart - Best-Selling Author Host of Low Tox Life Podcast.

Eco with Em is the ultimate destination for inspiring, practical sketches. With a Bachelor of Science in sustainability under her belt, Emily Ehlers draws up the most aesthetically pleasing "how to" guides, tips and tricks we've ever seen!

**1 Million Women** 











### Hope is a Verb Reviews

This has got to be the most appealing and deeply detailed book on resilience, overcoming trauma and more than that, accepting the pain & healing through it. I'm trying my best to capture everything that resonated with me in this book and I loved most the layout for in six chapters the author covers everything from being in a state of panic to finding your path and accepting your people.

It's a fun and encouraging read, deeply moving too.

### Dora

This book was a page turner from beginning to end. Hope is hard. Especially in a time like this. This book walks you through simple steps on how you can alter steps in your life to bring hope and light into your life. It is not fake, full of empty promises or anything like that. Highly recommend.

### Mandy

Easy, digestible. Worth reading as it has great illustrations. Wish it were longer, but the short chunks are part of the beauty of the book.

### Sea

i now often refer back to this book to ignite and generate the shine that i need in desperate times. The illustrations captivate one's eye through the purest intricate detail. Thank you for creating a book that we all need.

### Bella

I love this book which it did encouraged me to never give up hope that the world deserves me in it. Gave me insight on what ways I can get involved in my world and feel included. I recommend this book to anyone who feel this world may be tough at times but you can make it a better place.

### **Daniel**

Super inspirational, beautifully illustrated with bright colours + fun images!

### Larissa

## Email me hello@ecowithem.com



